

I'm not a bot



































essentially conversing with ourselves, mentally rehearsing different viewpoints, considering alternatives, and working through problems using language as the primary tool. Inner speech is typically condensed, lacking the full grammatical structure of spoken language. This is because, in our own minds, we don't need to state every detail explicitly. We can rely on shared context and understanding implicit in our internal dialogue. Simultaneity of perspectives: A key characteristic of mature inner speech is the ability to hold multiple perspectives simultaneously. Rather than a linear, back-and-forth exchange, inner speech can encompass a complex interplay of ideas, allowing for more nuanced and flexible thinking. Functions Planning and problem solving: Inner speech is essential for planning future actions, considering potential consequences, and developing strategies for navigating challenges. Self-regulation and control: Inner speech facilitates self-regulation, as it allows us to inhibit impulsive behaviors, stay focused on goals, and manage our emotions and motivations. Social understanding: There is a link between inner speech and our capacity to understand others' minds. Engaging in internal dialogue, mentally representing different perspectives, might lay the groundwork for making sense of others' thoughts, feelings, and intentions. Educational Implications Vygotsky's approach to child development is a form of social constructivism, based on the idea that cognitive functions are the products of social interactions. Social constructivism posits that knowledge is constructed and learning occurs through social interactions within a cultural and historical context. Vygotsky emphasized the collaborative nature of learning by constructing knowledge through social negotiation. He rejected the assumption made by Piaget that it was possible to separate learning from its social context. Vygotsky believed everything is learned on two levels. First, through interaction with others, then integrated into the individual's mental structure. Every function in the child's cultural development appears twice: first, on the social level, and later, on the individual level; first, between people (interpsychological) and then inside the child (intrapyschological). This applies equally to voluntary attention, to logical memory, and to the formation of concepts. All the higher functions originate as actual relationships between individuals. (Vygotsky, 1978, p.57) Teaching styles grounded in constructivism represent a deliberate shift from traditional, didactic, memory-oriented transmission models (Cannella & Reiff, 1994) to a more student-centered approach. Traditionally, schools have failed to foster environments where students actively participate in their own and their peers' education. Vygotsky's theory, however, calls for both the teacher and students to assume non-traditional roles as they engage in collaborative learning. Rather than having a teacher impose their understanding onto students for future recitation, the teacher should co-create meaning with students in a manner that allows learners to take ownership (Hausfather, 1996). For instance, a student and teacher might start a task with varying levels of expertise and understanding. As they adapt to each other's perspective, the teacher must articulate their insights in a way that the student can comprehend, leading the student to a fuller understanding of the task or concept. The student can then internalize the task's operational aspect ("how to do it") into their inner speech or private dialogue. Vygotsky referred to this reciprocal understanding and adjustment process as intersubjectivity. ZPD Because Vygotsky asserts that cognitive change occurs within the zone of proximal development, instruction would be designed to reach a developmental level just above the student's current developmental level. Vygotsky proclaims, "learning which is oriented toward developmental levels that have already been reached is ineffective from the viewpoint of the child's overall development. It does not aim for a new stage of the developmental process but rather lags behind this process" (Vygotsky, 1978). Appropriation is necessary for cognitive development within the zone of proximal development. Individuals participating in peer collaboration or guided teacher instruction must share the same focus to access the zone of proximal development. "Joint attention and shared problem solving is needed to create a process of cognitive, social, and emotional interchange" (Hausfather,1996). Furthermore, it is essential that the partners be on different developmental levels and the higher-level partner be aware of the lower's level. If this does not occur or one partner dominates, the interaction is less successful (Driscoll, 1994; Hausfather, 1996). Vygotsky's theories also feed into the current interest in collaborative learning, suggesting that group members should have different levels of ability so more advanced peers can help less advanced members operate within their ZPD. Scaffolding and reciprocal teaching are effective strategies to access the zone of proximal development. Reciprocal Teaching A contemporary educational application of Vygotsky's theory is "reciprocal teaching," used to improve students' ability to learn from text. In this method, teachers and students collaborate in learning and practicing four key skills: summarizing, questioning, clarifying, and predicting. The teacher's role in the process is reduced over time. Reciprocal teaching allows for the creation of a dialogue between students and teachers. This two-way communication becomes an instructional strategy by encouraging students to go beyond answering questions and engage in the discourse (Driscoll, 1994; Hausfather, 1996). A study conducted by Brown and Palincsar (1989) demonstrated the Vygotskian approach with reciprocal teaching methods in their successful program to teach reading strategies. The teacher and students alternated turns leading small group discussions on a reading. After modeling four reading strategies, students began to assume the teaching role. The results showed significant gains over other instructional strategies (Driscoll, 1994; Hausfather, 1996). Cognitively guided instruction is another strategy to implement Vygotsky's theory. This strategy involves the teacher and students exploring math problems and then sharing their problem-solving strategies in an open dialogue (Hausfather,1996). Based on Vygotsky's theory, the physical classroom would provide clustered desks or tables and workspace for peer instruction, collaboration, and small-group instruction. Learning becomes a reciprocal experience for the students and teacher. Like the environment, the instructional design of the material to be learned would be structured to promote and encourage student interaction and collaboration. Thus the classroom becomes a community of learning. Scaffolding Also, Vygotsky's theory of cognitive development on learners is relevant to instructional concepts such as "scaffolding" and "apprenticeship," in which a teacher or more advanced peer helps to structure or arrange a task so that a novice can work on it successfully. A teacher's role is to identify each individual's current level of development and provide them with opportunities to cross their ZPD. A crucial element in this process is the use of what later became known as scaffolding; the way in which the teacher provides students with frameworks and experiences which encourage them to extend their existing schemata and incorporate new skills, competencies, and understandings. Scaffolding describes the conditions that support the child's learning, to move from what they already know to new knowledge and abilities. Scaffolding requires the teacher to allow students to extend their current skills and knowledge. During scaffolding, the support offered by an adult (or more knowledgeable other) gradually decreases as the child becomes more skilled in the task. As the adult withdraws their help, the child assumes more of the strategic planning and eventually gains competence to master similar problems without a teacher's aid or a more knowledgeable peer. It is important to note that this is more than simply instruction; learning experiences must be presented in such a way as to actively challenge existing mental structures and provide frameworks for learning. Five ways in which an adult can "scaffold" a child's learning: Engaging the child's interest Maintaining the child's interest in the task e.g., avoiding distraction and providing clear instructions on how to start the task. Keeping the child's frustration under control e.g., by supportive interactions, adapting instructions according to where the child is struggling. Emphasizing the important features of the task Demonstrating the task: showing the child how to do the task in simple, clear steps. As the child progresses through the ZPD, the necessary scaffolding level declines from 5 to 1. The teacher must engage students' interests, simplify tasks to be manageable, and motivate students to pursue the instructional goal. In addition, the teacher must look for discrepancies between students' efforts and the solution, control for frustration and risk, and model an idealized version of the act (Hausfather, 1996). Importance of Play Vygotsky emphasized make-believe play as a key driver of cognitive growth. In this type of play, children pretend to run a "store" or play "family," using language and actions modeled after adults. By exploring these roles and rules, children begin to understand social expectations in a fun, engaging way, practicing symbolic thinking (using objects or words to represent ideas) and developing self-control skills. Make-believe play also creates a fertile ground for the zone of proximal development (ZPD). As children take on pretend roles, they often strive to enact abilities or behaviors slightly beyond their current level. They may use more advanced language or problem-solving methods, assisted by peers or guided by the "rules" of the role they are playing. In this sense, play naturally scaffolds their learning, pushing them to stretch their existing skills. Another key benefit of play is its role in fostering self-regulation. Children learn to follow agreed-upon roles and rules—such as the "parent" caring for the "baby"—which encourages impulse control and deliberate planning. They talk themselves through tasks, often engaging in private speech that eventually becomes internalized as thought. In sum, through the creative, low-pressure environment of make-believe play, children develop social, cognitive, and linguistic capacities that form the foundation of more complex mental functions. Challenges to Traditional Teaching Methods Vygotsky's social development theory challenges traditional teaching methods. Historically, schools have been organized around recitation teaching. The teacher disseminates knowledge to be memorized by the students, who in turn recite the information to the teacher (Hausfather,1996). However, the studies described above offer empirical evidence that learning based on the social development theory facilitates cognitive development over other instructional strategies. The structure of our schools does not reflect the rapid changes our society is experiencing. The introduction and integration of computer technology in society has tremendously increased the opportunities for social interaction. Therefore, the social context for learning is transforming as well. Whereas collaboration and peer instruction were once only possible in shared physical space, learning relationships can now be formed from distances through cyberspace. Computer technology is a cultural tool that students can use to meditate and internalize their learning. Recent research suggests changing the learning contexts with technology is a powerful learning activity (Crawford, 1996). If schools continue to resist structural change, students will be ill-prepared for the world they will live. Critical Evaluation Vygotsky's work has not received the same level of intense scrutiny that Piaget's has, partly due to the time-consuming process of translating Vygotsky's work from Russian. Also, Vygotsky's sociocultural perspective does not provide as many specific hypotheses to test as Piaget's theory, making refutation difficult. Risk of Overemphasizing Environmental Influence Vygotsky overemphasized socio-cultural factors at the expense of biological influences on cognitive development. Vygotsky prioritized the role of cultural tools and social interaction in shaping mental processes, but paid insufficient attention to innate cognitive abilities and developmental processes that unfold more independently of social influence. This imbalance in focus potentially led Vygotsky to underestimate the impact of elementary mental functions (arising from the natural line) on the development of higher mental functions (shaped by cultural tools). Vygotsky's theory cannot explain why cross-cultural studies show that the stages of development (except the formal operational stage) occur in the same order in all cultures suggesting that cognitive development is a product of a biological process of maturation. Lack of Attention to Emotional Development The theory is criticized for focusing primarily on cognitive development while neglecting the emotional and social-emotional aspects of development. Modern developmental psychology recognizes that cognitive and emotional development are deeply intertwined. Critics argue that Vygotsky's theory doesn't adequately address how emotions influence cognitive processes and vice versa. While Vygotsky emphasized the social nature of learning, he didn't extensively explore how children develop emotional intelligence or learn to regulate their emotions through social interactions. The concept of ZPD focuses on cognitive tasks, but critics argue it should also consider emotional challenges and how supportive relationships help children develop emotional competencies. The process of internalization in Vygotsky's theory focuses on cognitive processes, but critics argue it should also consider how children internalize emotional coping strategies and understanding. Vague Explanation of Internalization People take in (internalize) dialogues and guidance they've received from others who are more knowledgeable. This internalized information is then used to guide their own actions and thinking. While Vygotsky considered internalization a cornerstone of his theory, he did not fully articulate the specific mechanisms by which this process occurs. This concept is important because it describes how social interactions and cultural contexts contribute to individual cognitive development. The idea is that higher mental functions first exist in the social realm (between people) before becoming internalized and part of an individual's cognitive processes. Eurocentric Bias Vygotsky saw cultural development like a ladder, with European culture at the top. This view implies some cultures are "better" than others. Vygotsky's tendency to view cultural development as a linear hierarchy (often positioning European culture at the apex) can lead to: An oversimplification of cultural differences An underappreciation of the unique strengths and values of diverse cultural perspectives A more nuanced approach, recognizing the heterogeneity of cultural tools and the situated nature of cognitive development, would better reflect the complexity of cultural influences on human thought and behavior. Collaborative ZPD Collaborative ZPD challenges traditional interpretations of ZPD that focus on the asymmetry between a more knowledgeable individual and a less knowledgeable learner. Instead, a collaborative ZPD emphasizes the symmetrical nature of learning within peer interactions, where knowledge is co-constructed through mutual contributions and challenges, even among individuals with comparable expertise. Collaborative ZPD represents a shift from viewing learning as an individual endeavor to recognizing it as a social practice (Tudge, 1992). The most significant aspect of the ZPD is not the individual benefits gained by participants but the emergence of "a new form of collective consciousness," highlighting how the interaction creates something new that transcends the contributions of any single individual. Teachers need to go beyond simply placing students in groups and instead create conditions that foster genuine collaboration, characterized by: Transactive discussion, where students clarify, elaborate, justify, and critique their own and each other's reasoning. Opportunities for students to challenge each other's thinking, prompting metacognitive awareness and deeper engagement with the content. Vygotsky vs. Piaget Unlike Piaget's notion that children's cognitive development must necessarily precede their learning, Vygotsky argued, "learning is a necessary and universal aspect of the process of developing culturally organized, specifically human, psychological function" (1978, p. 90). In other words, social learning precedes (i.e., come before) development. Vygotsky's theory differs from that of Piaget in several important ways: Vygotsky places more emphasis on how culture affects cognitive development. Unlike Piaget, who emphasized universal cognitive change (i.e., all children would go through the same sequence of cognitive development regardless of their cultural experiences), Vygotsky leads us to expect variable development depending on cultural diversity. This contradicts Piaget's view of universal stages of development (Vygotsky does not refer to stages like Piaget does). Hence, Vygotsky assumes cognitive development varies across cultures, whereas Piaget states cognitive development is mostly universal across cultures. Vygotsky places considerably more emphasis on social factors contributing to cognitive development. Vygotsky states the importance of cultural and social context for learning. Cognitive development stems from social interactions from guided learning within the zone of proximal development as children and their partners co-construct knowledge. In contrast, Piaget maintains that cognitive development stems largely from independent explorations in which children construct knowledge. For Vygotsky, the environment in which children grow up will influence how they think and what they think about. The importance of scaffolding and language may differ for all cultures. Rogoff (1990) emphasizes the importance of observation and practice in pre-industrial societies (e.g., learning to use a canoe among Micronesian Islanders). Vygotsky places more (and different) emphasis on the role of language in cognitive development. According to Piaget, language depends on thought for its development (i.e., thought comes before language). For Vygotsky, thought and language are initially separate systems from the beginning of life, merging at around three years of age, producing verbal thought (inner speech). In Piaget's theory, egocentric (or private) speech gradually disappears as children develop truly social speech, in which they monitor and adapt what they say to others. Vygotsky disagreed with this view, arguing that as language helps children to think about and control their behavior, it is an important foundation for complex cognitive skills. As children age, this self-directed speech becomes silent (or private) speech, referring to the inner dialogues we have with ourselves as we plan and carry out activities. For Vygotsky, cognitive development results from an internalization of language. According to Vygotsky, adults are an important source of cognitive development. Adults transmit their culture's tools of intellectual adaptation that children internalize. In contrast, Piaget emphasizes the importance of peers, as peer interaction promotes social perspective-taking. Abtahi, Y. (2018). Pupils, tools and the Zone of Proximal Development. Research in Mathematics Education, 20(1), 1-13. Behrend, D.A., Rosegren, K.S., & Perlmutter, M. (1992). The relation between private speech and parental interactive style. In R.M. Diaz & L.E. Berk (Eds.), Private speech: From social interaction to self-regulation (pp. 85–100). Hillsdale, NJ: Erlbaum. Berk, L. E. (1986). 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